

# Who is your school Nurse?

‘I am friendly, approachable and used to talking with young people about a wide range of health and social issues. You do not need to feel worried or embarrassed about coming to see me as I am here to help you.’ **Fiona McGlynn**



# ‘What do I do?’

- I work with any student on a one-to-one, small group or large group basis
- I advise and work with staff, parents and students together or independently
- I work closely with the teaching staff, Heads and the Student Support staff to support you with your health needs

# 'I provide a CONFIDENTIAL service'

'A confidential service means that the things we talk about are private.

I will encourage you to share issues with your family and teachers and other people, if appropriate, but we do not have to share information if you do not want to.

Sometimes I have to share information if I am worried about you. I will always tell you about this before I do so.'



# 'I work to help keep young people Healthy'



**That includes your:**

- **Physical health**
- **Emotional health**
- **Mental health**
- **Social health**
- **Health Screening & Lessons**

**‘I can help you to mature and develop as you leave Infant school and move up to Junior school’**

**Issues may include:**

- **Healthy friendships**
- **Self-esteem**
- **Puberty**



# ‘How can you see or contact me?’

- Ask Mrs Bancroft to help you make a confidential appointment
- Call the School nursing Service Mon – Friday (Term Time only) 01225831666
- Log on to the [Virgin Care.co.uk](http://VirginCare.co.uk) school nursing site.
- For childhood advice log on to NHS Choices